

Programme Specification

1	Awarding body	University of London	
2	Teaching Institution	Birkbeck College	
3	Programme Title(s)	Cert HE Psychology	
4	Programme Code(s)	UEHPSYCH	
5	UCAS code	N/A	
6	Home Department	Psychological Sciences	
7	Exit Award(s)	Certificate of Continuing Education	
8	Duration of Study (number of years)	2-4 years	
9	Mode of Study (FT/PT/DL)	Part-time	
10	Level of Award (FHEQ)	Level 4	
11	Other teaching depts or institution	N/A	
12	Professional, Statutory Regulatory Body(PSRB) details	N/A	
13	QAA Benchmark Group	Psychology	

14 | Programme Rationale & Aims

Main Aims:

• To provide a systematic introduction to key fields of modern psychology, while allowing students some choice of preferred topics.

Distinctive Features:

- All modules are 'open access' with no formal entry requirements.
- Modules are largely offered in the evenings with some daytime provision. Students are taught in small interactive classes, alongside fellow students who are keen to learn and who bring to the class a wide range of experience.
- Students who discover a passion and ability in the study of psychology have the opportunity to apply for acceptance onto the part-time BSc Psychology run by the Department of Psychological Sciences at Birkbeck:

Year 1: All students who complete Foundations of Modern Psychology and Research Methods for Psychology (Introduction) will be considered.

Year 2: To be considered students must pass with a mark of 50 per cent or above the assessments for Foundations of Modern Psychology, Biological Basis of Behaviour, Research Methods for Psychology (Introduction) and Research Methods in Practice.

¹⁵ Entry Criteria

There are no formal entry requirements and the study for the award is open to all who apply and who feel that they may benefit. Students are advised that modules are taught and assessed at first year undergraduate level and an appropriate level of spoken and



written English is required. Although proof is not required that a student is operating at this level, students are advised that inadequate English will not be compensated for when marking assessments.

16 Learning Outcomes

Subject Specific:

1) Understanding of the discipline of psychology

Students will be able to:

- Describe the development of ideas within psychology;
- Discuss key assumptions, methods and debates within specific areas of psychology. Give a basic description of the range of factors likely to impact upon human behaviour and to and to discuss the interplay between some of these.

2) Understanding of scientific practice

Students will be able to:

- Explain how a range of key research methodologies may be applied.
- Discuss the advantages and disadvantages of different research paradigms and methods.
- Describe the ways in which concepts and theories etc may be evaluated.

3) Understanding of patterns and of diversity

Students will be able to:

- Illustrate the variability and diversity of psychological functioning.
- Critically discuss general patterns in behaviour, psychological functioning and experience.
- Critically discuss the range of influences on psychological functioning (including biological and social influences).

4) Understanding of how psychology may be applied

Students will be able to:

• Identify and critically discuss ways in which specific principles and concepts within psychology may be applied in practice.

Intellectual:

5) The ability to compare, contrast and organise approaches and theories within psychology

Students will be able to:

- Compare and contrast key features of the main approaches within psychology.
- Describe how the different approaches address specific topics.
- Identify the similarities, differences, contradictions and complementary elements of key theories within psychology.

6) Formulating arguments

Students will be able to:

- Restate key arguments in psychology, including the arguments for and against the
 validity and explanatory power of the main approaches and key theories within
 psychology.
- Write a coherent and structured line of argument.

7) Formulating research questions



Students will be able to:

- Propose simple research questions.
- Choose appropriate ways of answering research questions, taking into account relevant ethical issues.

8) The ability to evaluate research findings

Students will be able to:

- Describe and discuss qualitative and quantitative data.
- Describe the principles that may be applied in the interpretation and evaluation of research findings.
- Use basic statistical and numerical methods in relation to quantitative data.

Practical:

9) Ability to manage information

- Recognise and employ the skills necessary to work in depth on specific topics, either independently or as part of a team.
- Recognise and employ the skills necessary to complete assignments.

10) Ability to employ research skills

- Collect simple data and conduct a simple analysis of that data.
- Present qualitative and/or quantitative data in an appropriate format.
- Use the basic functions offered by statistical software.

Personal and Social:

11) Ability to act as a self-directed, reflective learner

- Recognise, practice and employ a range of strategies to support personal learning, including the ability to reflect on the success of strategies and to effectively solve problems.
- Recognise and use a range of sources of learning support.

12) The ability to work in groups

- Recognise benefits of working in groups.
- Recognise, practice and employ strategies for increasing the effectiveness of group functioning.

13) Ability to communicate effectively

- Participate in small group discussion/debate/ exercises by both listening and communicating own ideas effectively.
- The ability to present own ideas on issues addressed on the course in an appropriate and effective manner.
- The ability to communicate the results of study accurately and reliably in writing and/or in person.

14) Understanding of how the award has relevance to the student's current and future career / life

- Identify courses of interest and of use in long term plans.
- Understand possible routes of progression from award onto further study.



17 Learning, teaching and assessment methods

A full module (30 credits) usually lasts for two terms. Each term is usually 11 weeks long. Students attend the module once a week, usually for two hours. The total amount of time spent in class is usually 44 hours.

A half module (15 credits) lasts for one term. Again, students attend the module once a week, usually for two hours. The total amount of time spent in class is usually 22 hours. The only exceptions are Research Methods for Psychology (Introduction) and Research Methods in Practice which have 42 hours of classroom time.

Teaching takes a variety of forms. These may include lectures, seminars, in class and out of class exercises, demonstrations, class visits to exhibitions or class presentations by students, in groups or individually.

For each course taken, students are expected to allow additional study time per week for their own reading and coursework. For each credit, students are expected to undertake 10 hours of study, including that in class.

Classes are offered mostly in the evening although some are also available in the daytime.

Study Skills:

As all modules within the programme are open access, study skills are incorporated into the learning outcomes of every module. The precise manner in which these learning outcomes are met will depend on the composition and therefore the needs of the class. However, teaching resources are made available to lecturers to help them incorporate study skills into their modules and handouts are available for students who are interested in developing these skills. In addition students are offered a half day module on 'Preparing to Study Psychology' which enables them among other things to identify the study skills they already have and those they may need to develop. Students are also offered half day and one day workshops free of charge to help them prepare for study and to develop the necessary study skills. These may include for example study skills, essay writing skills, report writing, revising and mathematics.

The central aims of assessment are to help students learn and to provide the opportunity for feedback from the lecturer. It is a chance for students to see how they are progressing towards their goals. Also to study a particular area of interest in more detail or to spend time thinking about the real life applications of what they have learnt. Overall, the assignments completed for a particular course should address all the learning outcomes for that course.

The amount of assessment:

For a **half module** there are usually two pieces of work to complete. Both pieces of work are completed at home.

For a **full module** there are usually four pieces of work to complete. All core modules include two pieces of work written in the class room under timed conditions. This is also a requirement for The Developing Child: A Psychological Perspective. On all other full modules all four pieces of work are completed at home.

The exceptions are Research Methods for Psychology (Introduction) and Research Methods in Practice.



For Research Methods for Psychology (Introduction) students are required to complete a report of 1500 words based upon a laboratory experiment carried out in class as a group and written up individually, one scenario-based timed test with a specific focus on methodology and ethics and another timed test that assesses the practical use of SPSS. Students are also required to submit a portfolio of worksheets completed during the module.

For Research Methods in Practice students are required to complete two lab reports: one of 1500 words and one of 2000 words and a scenario-based timed test. They are also required to submit a portfolio of worksheets completed during the module.

Work completed at home:

The pieces of work completed at home are usually 1,500 words in length [or the equivalent]. Students will be penalised for submitting work that is significantly over or under this word limit. There will be no penalty for work that is 10% (that is 150 words) too long or too short. However, for work that is between 150-500 words too long or too short, 5 marks will be deducted. For work that is more than 500 words too long or too short 10 marks will be deducted.

Subject to the agreement of the course lecturer, it may be acceptable for students to complete 1 double length piece of work instead of the two pieces of coursework completed at home. The course lecturer must agree the question/task. This work must be 3000 words in length (or the equivalent) and students will, again, be penalised for submitting work that is significantly over or under this word limit. There will be no penalty for work that is 10% (that is 300 words) too long or too short. However, for work that is between 300 - 1000 words too long or too short, 5 marks will be deducted. For work that is more than 1000 words too long or too short 10 marks will be deducted.

The amount students learn should increase if interested in the topic, therefore we strongly encourage students to discuss with their lecturer if there are particular subjects they would like to focus on in their assessment. Obviously, the topic of assessment does have to be entirely relevant to the module but it may be possible to negotiate something of particular interest. The work completed at home may take a variety of forms, depending on the module and on the lecturer. So, if there is some form of assessment students would find particularly useful or interesting [such as a case study etc], they must discuss the possibilities with their lecturer. We may not be able to accommodate every request but we do try to be flexible. Students are reminded in discussions with the lecturer it may be useful to let them know what grade students are aiming for as some types of assessment increase the likelihood of a high mark. This may be relevant to students aiming to progress onto other courses.

A lecturer may offer to give students feedback on an essay plan but they are not required to do this.

Timed essays:

Each time students have to complete a timed essay they will be given an hour during class to write an essay, without referring to their books or to anyone else.

Timed essays provide students the opportunity to apply their knowledge to a novel problem within a limited amount of time. They also help students to assess how much of the



material they are able to remember. They are designed to provide students who want to progress onto further study adequate preparation for sitting formal exams in the future.

Although writing under timed conditions may seem daunting, some students prefer timed essays as they find that they take less time to prepare than coursework completed at home. Students will not be penalised for the length of timed essays although pieces that are too short may not be of sufficient quality to receive the higher grades. Student do not have to provide a reference list at the end of their essay but do need to include references in the body of their essay if they refer to the work or ideas or others.

A lecturer may choose to give the class a 'mock' timed essay – an opportunity to sit an essay under timed conditions and to receive feedback. However, lecturers are not required to do this.

Students must pass at least one timed essay in order to pass the module.

For Research Methods for Psychology (Introduction) and Research Methods in Practice, students must pass the scenario-based timed test in order to pass the module.

Number of attempts

Students are permitted a maximum of three attempts at each module. Students failing a module with an overall mark of between 30-39% will usually be given an opportunity to undertake reassessment in the failed element. Reassessment counts as an attempt. Students failing with a module with an overall mark of less than 30% will usually be required to retake the module i.e. re-enrol and re-attend the module.

For Research Methods for Psychology (Introduction) and Research Methods in Practice, students failing the scenario test with a mark of less than 30% where their overall module mark is 30% or more will usually be required to retake the module.

Pre-requisites

Successful completion of Research Methods for Psychology (Introduction) is a pre-requisite for Research Methods in Practice.

How results are calculated

These follow the standard form presently used in the College as detailed in the 'College Regulations for Internal Students and Regulations for Degrees' document. The marking criteria are available upon request.

The final mark for each module will usually be an average of the marks received (i.e. an average of 2 marks for half modules and an average of four marks for full modules). The marks for double essays are doubled to calculate the average. Students may still pass the module even if they have failed a piece of coursework but they will be required to pass at least one timed essay where these are a part of the assessment process. Therefore, if taking a half module that includes a timed essay the student will have to pass that part of the assessment.

For Research Methods for Psychology (Introduction) the lab report is worth 50% of the total mark; the scenario-based timed assessment is worth 30% and the SPSS assessment is worth 10%. The final 10% is awarded for completion and submission of the worksheet portfolio. The scenario test must be passed in order for students to pass the module.



For Research Methods in Practice the first lab report is worth 20% of the total mark; the second lab report is worth 25%; the scenario-based timed assessment is worth 50%. The final 10% is awarded for completion and submission of the worksheet portfolio. The scenario test must be passed in order for students to pass the module.

MARKS GIVEN BY LECTURERS ARE PROVISIONAL. A sample of the work completed by students on the Psychology Programme will be seen by an Internal and an External Examiner at the end of the module. Marks may be changed - up or down - at this stage.

18 | Programme Description

To gain the Certificate of Higher Education, students must successfully complete modules worth a total of 120 credit points. Students take the 4 core modules (worth a total of 90 credits) and choose option modules worth 30 credits.

Foundations of Modern Psychology should usually be taken first. The remaining Level 4 modules may be taken in any order, except for Research Methods in Practice, which is usually taken last. More than one module may be taken at a time.

In future years this Certificate of Higher Education may have fewer option modules than are currently available.

Students may consider enrolling on the 'Choosing your Course' workshop for advice on choosing a programme of study. Students wishing to take modules totalling more than 60 credits during one academic year should first seek approval from the psychology subject team.

Students may be awarded a Certificate of Continuing Education as an intermediate award on completion of modules worth 60 credits. Students may not register for the Certificate of Continuing Education, as it is only awarded as an intermediate award to those unable to complete their Certificate of Higher Education during the normal period of registration.

Modules:

Core Modules

- Foundations of Modern Psychology
- Biological Basis of Behaviour
- Research Methods for Psychology (Introduction)
- Research Methods in Practice

A selection of options will be offered each year and may for example include:

Option Modules

- Critical Approaches to Attachment
- Critical Approaches to Positive Psychology
- Health Psychology
- Psychology of Mental Health
- The Developing Child: A Psychological Perspective
- Understanding Human Personality
- Understanding Applied Social Psychology
- Understanding Lifespan Psychology



¹⁹ Pr	ogramme Structu	ıre		
Modu	lar programme			
Level	Module Code	Module Title	Credits	Status*
4	FFPS023S4	Foundations of Modern Psychology	30	Core
4	FFPS024S4	Biological Basis of Behaviour	30	Core
4	SCPS168H4	Research Methods for Psychology (Introduction)	15	Core
4	SCPS169H4	Research Methods in Practice	15	Core
4		Options	30	Options
List of	indicative option	os .	-	
Level	Module Code	Module Title	Credits	Status*
4	FFPS090H4	Critical Approaches to Attachment	15	Option
4	FFPS127H4	Critical Approaches to Positive Psychology	15	Option
4	SCPS174H4	Health Psychology	15	Option
4	FFPS025S4	Psychology of Mental Health	30	Option
4	SCPS113S4	The Developing Child: A Psychological Perspective	15	Option
4 FFPS123H4		Understanding Human Personality	15	Option
4 SCPS188H4		Understanding Applied Social Psychology	15	Option
4 SCPS190H4		Understanding Lifespan Psychology	15	Option

Note: To gain the Certificate of Higher Education, students must successfully complete modules worth a total of 120 credit points. Students take the 4 core modules (worth a total of 90 credits) and choose option modules worth 30 credits.

Status*

CORE – Module must be taken and passed by student; COMPULSORY – Module must be taken, mark can be reviewed at sub-exam board; OPTIONAL – Student can choose to take this module

20 Regulations

Admissions:

This programme adheres to the College Admissions Policy http://www.bbk.ac.uk/registry/policies/documents/admissions-policy.pdf

This award is an open entry programme.

Credit Transfer:

Accredited Prior Learning will be considered in line with the College Policy on Accredited Prior Learning: http://www.bbk.ac.uk/registry/policies/documents/accreditation-prior-learning.pdf

Programme Regulations:

This programme adheres to the College Common Awards Scheme http://www.bbk.ac.uk/registry/policies/regulations

Programme Specific Regulations (if applicable): N/A



21 Student Attendance Framework – in brief

The full version of the 'Student Attendance Framework' is available http://www.bbk.ac.uk/mybirkbeck/services/rules/Attendance-Framework.pdf .

Principle

Consistent and regular student attendance in class (or equivalent) promotes and affords student success. Inconsistent and irregular attendance is less likely to result in student success and is consistent with lower marks and degree classifications being achieved and awarded.

Attendance expectation

Birkbeck, University of London expects you to consistently attend all timetabled sessions, including lectures, seminars, group and individual tutorials, learning support sessions, workshops, laboratories, field trips, inductions and demonstrations.

E-Registers

All Birkbeck students are issued with student cards. Students are expected to take them to classes and to assessment venues and to present them to a member of staff if requested. This is for the purpose of identifying Birkbeck students.

22 Student Support and Guidance

All Birkbeck students have access to a range of student support services, details can be found on our website here: http://www.bbk.ac.uk/mybirkbeck/services/facilities

23 | Methods of Enhancing Quality and Standards

The College has rigorous procedures in place for the monitoring and enhancing its educational provision. This includes regular monitoring of programmes drawing on feedback from various sources including external examiner's reports, student feedback, student achievement and progression data. In addition, departments are reviewed every four to five years through the internal review process that includes external input.

For more information please see the Academic Standards and Quality website http://www.bbk.ac.uk/registry/about-us/operations-and-quality

24	Programme Director	Dr Michael Mallaghan
25	Start Date (term/year)	Prior to 1980
26	Date approved by TQEC	Prior to 1980
27	Date approved by Academic Board	Prior to 1980
28	Date(s) updated/amended	June 2020