**Can you support colleagues in their career development?**

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| Advising on / updating LinkedIn Profiles  Jane Van de Ban |
| Supporting the development and delivery of a presentation for a meeting  Jane Van de Ban  Rose Devaney  Mara Arts  Eleanor Mongey  Elizabeth Charles |
| Completing application forms for development programmes e.g Mentoring Programme, Aurora, sponsorship for a course or programme  Jane Van de Ban  Rose Devaney  Eleanor Mongey  Elizabeth Charles |
| Discussing career options in your department or discipline  Rose Devaney  Mara Arts  Eleanor Mongey |
| Allowing an individual to accompany you to a meeting or networking event  Jane Van de Ban  Mara Arts |