**Can you support colleagues in their career development?**

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| Advising on / updating LinkedIn ProfilesJane Van de Ban |
| Supporting the development and delivery of a presentation for a meetingJane Van de BanRose DevaneyMara ArtsEleanor MongeyElizabeth Charles |
| Completing application forms for development programmes e.g Mentoring Programme, Aurora, sponsorship for a course or programmeJane Van de BanRose DevaneyEleanor MongeyElizabeth Charles |
| Discussing career options in your department or disciplineRose DevaneyMara ArtsEleanor Mongey |
| Allowing an individual to accompany you to a meeting or networking eventJane Van de BanMara Arts |