

Programme Specification

1	Awarding body	University of London				
2	Teaching Institution	Birkbeck College				
3	Programme Title(s)	MSc Coaching Psychology				
4	Programme Code(s)	TMSCOPSY_C				
5	UCAS code	N/A				
6	Home Department	BEI				
7	Exit Award(s)	PG Diploma, PG Certificate				
8	Duration of Study (number of years)	2				
9	Mode of Study	FT		PT	x	DL
10	Level of Award (FHEQ)	7				
11	Other teaching depts or institution	N/A				
12	Professional, Statutory Regulatory Body(PSRB) details	Association for Business Psychology				
13	QAA Benchmark Statement	N/A				

14	Programme Rationale & Aims
	<p>The MSc Coaching Psychology provides students with knowledge on the most salient topics in coaching in today's changing world of work. In their first year, students will learn about evidence-based psychological theories and frameworks of wellbeing at work, including mental health, neurodiversity, and intersectionality. In their second year, students experience extended coaching practice.</p> <p>The MSc Coaching Psychology expands on the Postgraduate Certificate in Coaching Psychology, offering students the opportunity for a deep exploration of this helping relationship. The course combines evidence-based, theoretical, and practical study to not only develop professional expertise but also give students greater self-awareness and understanding. Students will investigate pragmatically and critically how coaching works in organisations and how it is an important skill for leaders.</p> <p>The skills and knowledge gained from this MSc can be applied within organisations and to leadership roles and help progress a career in coaching.</p> <ul style="list-style-type: none"> • This course is accredited by the Association for Business Psychology. Upon successful completion of the programme, students earn the postnominal Certified Business Coaching Psychologist (CBCP). • The Department of Organizational Psychology is renowned for its quality teaching and expertise in the delivery of part-time programmes. We offer an optimum environment for studying coaching psychology, learning with other working professionals, and offering a network of colleagues keen to share their knowledge and expertise. • Students will have access to an extensive range of electronic resources, including specially prepared texts for each module, and use of the online learning environment, with a high level of staff support.

15	Entry Criteria
	<p>A second-class honours degree (2:2) in any discipline, or sufficient experience of helping relationships and/or people-oriented activities such as extensive line management experience.</p> <p>Applications are reviewed on their individual merits and professional qualifications and/or relevant work experience will be taken into consideration positively. We actively support and encourage applications from diverse learners.</p> <p>If English is not the applicant's first language or they have not previously studied in English, the requirement for this course is the equivalent of an International English Language Testing System (IELTS Academic Test) score of 6.5, with not less than 6.0 in each of the sub-tests.</p>
16	Learning Outcomes
	<p>The following learning outcomes and objectives are derived from the competency frameworks of the Special Group of Coaching Psychology at the British Psychological Society (SPCP-BPS) and the Association for Coaching.</p> <ol style="list-style-type: none"> 1. Students will have developed an understanding of the underpinning philosophy of coaching including: <ul style="list-style-type: none"> • An understanding of the diverse philosophical bases that underpin those psychological theories that are of particular relevance to coaching. • The ability to critically evaluate the primary philosophical paradigms that inform psychological and learning theory with particular regard to their relevance to, and impact upon, the understanding of the goal achievement throughout human development. • Students will be able to relate their philosophical understanding of coaching to formulate clients' concerns within these coaching models. • Have an understanding of the coaching relationship and alliance as conceptualised by each model studied and have the ability to contrast, compare and critically evaluate a range of models of coaching. • Have the ability to monitor and evaluate their coaching practice. 2. Students will understand the context of coaching in an organizational/business environment. <ul style="list-style-type: none"> • Know how to recognise and establish the organisational context, strategy, culture and processes for coaching at different levels. • Know how to review practice and skill for effective and ethical coaching. • Understand the limits of a professional role, boundaries, confidentiality, accountability and safety. 3. Students will undertake coaching for an extended period with supervision.

	<ul style="list-style-type: none"> • Know how to agree a contract • Be able to plan, deliver and review at least 20 hours of coaching with clients • Be able to reflect on all coaching activity, feedback and supervision. <p>4. Students will have actively and systematically engaged in personal development work and experiential learning and developed a greater understanding of personal issues so that they can demonstrate:</p> <ul style="list-style-type: none"> • An understanding of coaching from the perspective of a client. • An understanding through personal development work of their own life. • An ability for critical self-reflection on the ways in which they impact on the coaching process. • A personal philosophy to include responsibility and accountability in relation to their coaching practice. • An understanding of the dynamics present in coaching and other relationships. <p>Creativity and artistry in the use of language and metaphor in the service of empathic understanding.</p>
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17	<p>Learning, teaching and assessment methods</p> <p>Methods of teaching: Face-to-face lectures and seminars, with group work and team presentations. Group, peer and one-to-one supervision is central to the course.</p> <p><i>Independent learning</i> -Much of students' time outside of class will be spent on self-directed, independent learning, including preparing for classes and following up afterwards. This will usually include, but is not limited to, reading books and journal articles, undertaking research, working on coursework and assignments, and preparing for presentations and assessments.</p> <p>Assessment: Assessment usually consists of a combination of coursework and examinations, although this will vary by module - on some of the modules, assessment is entirely by coursework. The methods of assessment include: a coaching portfolio and reflective practice, examination, essay, viva presentation, and a research project.</p>
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18	<p>Programme Description</p> <p>The MSc is delivered over two years. The programme is aimed at providing experienced managers with theory, models and practice of the executive coaching of leaders and aspiring leaders .Students take 180 credits in total consisting of 4 compulsory modules in the first year, followed by 2 compulsory modules and a research project in the second year.</p> <p>Year 1</p> <ul style="list-style-type: none"> • Introduction to Coaching • Work and Wellbeing • The Coaching Portfolio • Research Methods
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Year of entry: 2022/23

	<p>Year 2</p> <ul style="list-style-type: none"> • Coaching in Practice • Coaching Skills for Leaders • Research Project
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¹⁹	Programme Structure			
Part-Time programme – 2 years				
Year 1				
Level	Module Code	Module Title	Credits	Status*
7	BUOBO60H7	Introduction to Coaching	15	Compulsory
7	MOOP008H7	Work and Wellbeing	15	Compulsory
7	BUOBO62S7	The Coaching Portfolio	30	Compulsory
7	BUOBO37H7	Research Methods	15	Compulsory
Year 2				
Level	Module Code	Module Title	Credits	Status*
7	BUOBO82H7	Coaching Skills for Leaders	15	Compulsory
7	BUOB099S7	Coaching in Practice	30	Compulsory
7	BUOB042D7	Research Project (Organizational Psychology)	60	Core

Status*

CORE – Module must be taken and passed by student; COMPULSORY – Module must be taken, mark can be reviewed at sub-exam board; OPTIONAL – Student can choose to take this module

²⁰	Programme Director	Dr. Lilith A. Whiley
²¹	Start Date (term/year)	Autumn 2020
²²	Date approved by Education Committee	Summer 2020
²³	Date approved by Academic Board	Summer 2020
²⁴	Date(s) updated/amended	12 Aug 2022 (for 2022/23)