

## Programme Specification

1	<b>Awarding body</b>	University of London				
2	<b>Teaching Institution</b>	<b>Birkbeck College</b>				
3	<b>Programme Title(s)</b>	<b>Graduate Certificate Psychodynamic Practice</b>				
4	<b>Programme Code(s)</b>	GCGPSYPR_C				
5	<b>UCAS code</b>	N/A				
6	<b>Home Department</b>	Psychosocial Studies				
7	<b>Exit Award(s)</b>	N/A				
8	<b>Duration of Study (number of years)</b>	1 year				
9	<b>Mode of Study</b>	FT		PT	✓	DL
10	<b>Level of Award (FHEQ)</b>	6				
11	<b>Other teaching depts or institution</b>	N/A				
12	<b>Professional, Statutory Regulatory Body(PSRB) details</b>	N/A				
13	<b><a href="#">QAA Benchmark Statement</a> (or not applicable)</b>	N/A				

14	<b>Programme Rationale &amp; Aims</b>
	<ul style="list-style-type: none"> <li>• Provide a progression route for Psychology graduates (or equivalent) onto the Masters level clinical trainings in psychodynamic counselling and psychotherapy</li> <li>• Teach the basic elements of the psychodynamic method and show how this method can be applied to commonly encountered states of mind and clinical situations</li> <li>• Give an understanding of the dynamics of group and organizational processes through experiential learning</li> <li>• Develop the capacities for self-awareness and emotional sensibility as key competencies for the practice of psychodynamic counselling</li> </ul>

15	<b>Entry Criteria</b>
	BSc in Psychology or equivalent. Applications will also be considered from those with a first degree in another subject or without a first degree but with relevant professional and/or clinical or counselling-related work experience.

16	<b>Learning Outcomes</b>
	<p>By the end of the programme students will be able to:</p> <ul style="list-style-type: none"> <li>- Describe and articulate the basic elements of the psychodynamic method</li> <li>- Apply this learning to common diagnostic conditions and states of mind, and to commonly encountered clinical situations</li> <li>- Gain an understanding of the key dynamics and unconscious processes that operate “below the surface” in groups and organizations</li> <li>- Develop their capacity for self-awareness and emotional sensibility</li> <li>- Gain an introduction to thinking about identity and difference as psychosocial concepts</li> </ul>

17	<b>Learning, teaching and assessment methods</b>
	<p>The teaching will consist of both academic and experiential learning. The academic learning will take place in lectures/seminars which will explore the psychodynamic method, how it has evolved, what are its most basic elements and how these are applied in clinical practice.</p> <p>The experiential learning will consist of an ongoing “experiential group” which runs throughout the year, an unstructured group in which students learn at first hand some of the key dynamics and processes that occur in groups and organizations (the experiential group functioning as a temporary organization).</p> <p>The methods of assessment consists of two types:</p> <ol style="list-style-type: none"> <li>1. 2 academic essays, 2500 words each, over the course of the year</li> <li>2. 2 pieces of self-reflective writing, 1,000 words each, based on an articulate of the experience of being part of the experiential group</li> </ol>

18	<b>Programme Description</b>
	<p>The Graduate Certificate in Psychodynamic Practice consists of two 15 week Level 6 modules taught in the Spring and Summer terms which aim to teach the basic elements of the psychoanalytic method. Students will have the opportunity to gain an understanding of the (unconscious) dynamics that occur in groups and organizations through participation in an “experiential group (an unstructured group which studies its own processes). Being a member of an experiential group will allow students to develop their capacity for self-awareness and emotional sensibility, key attributes necessary for psychodynamic practice. Students will also have the opportunity in the experiential group to observe how the “psychological” interacts with the “social” in the construction of identity and the management of difference. The course is designed as a preliminary course for those who have a Psychology degree, or equivalent, and wish to embark on a clinical training in psychodynamic counselling or psychotherapy. The course will also be of interest to those who wish to study the psychodynamic method and its application to group processes as a way of understanding human experience and behaviour in more depth.</p>

19	<b>Programme Structure</b>			
<b><i>Part Time programme</i></b>				
<b><i>Year 1</i></b>				
Level	Module Code	Module Title	Credits	Status*
6	SSPA100S6	Psychodynamic Method and Group Processes (module in BA Psychosocial Studies and Principles of Psychodynamic Counselling):	30	Core
6	SSPA097S6	Clinical Issues and Group Processes (module in BA Psychosocial Studies and Principles of Psychodynamic Counselling):	30	Core

**Status\***

*CORE – Module must be taken and passed by student, COMPULSORY – Module must be taken, mark can be reviewed at sub-exam board; OPTIONAL – Student can choose to take this module*

Year of entry: 2021/22



20	<b>Programme Director</b>	TBC
21	<b>Start Date</b> ( <i>term/year</i> )	Autumn term 2017
22	<b>Date approved by TQEC</b>	Summer 2016
23	<b>Date approved by Academic Board</b>	Summer 2016
24	<b>Date(s) updated/amended</b>	19 June 2020