

PROGRAMME SPECIFICATION

Name, title and level of final qualification(s)	PG Cert Neurodiversity Coaching		
	(Level 7)		
Name and title of any exit qualification(s)	N/A		
Awarding Body	University of London		
Teaching Institution(s)	Birkbeck, University of London		
Home Department/other teaching departments	Psychological Sciences		
Location of delivery	Central London		
Language of delivery and assessment	English		
Mode of study, length of study and normal start month	Part-time (1 year) September		
Professional, statutory or regulatory body	N/A		
QAA subject benchmark group(s) Higher Education Credit Framework for England	N/A		
Birkbeck Course Code	TPCNEUDC_C		
HECoS Code	101294		
Start date of programme	September 2024		
Date of programme approval	Summer 2024		
Date of last programme amendment approval	N/A		
Valid for academic entry year	2025-26		
Programme Director	Prof. Almuth McDowall		
Date of last revision to document	15/09/2025		

Admissions requirements

Applicants to this programme should hold appropriate academic qualifications to HE7 (Masters) level, or commensurate industry/practitioner qualifications such as ILM7 and appropriate coaching or training/development professional qualifications. These should be evidenced in the application.

Applicants additionally should explicitly evidence their motivation for undertaking the programme in their supporting statement.

Course aims

This postgraduate certificate is designed for coaching practitioners who already hold a relevant qualification who are seeking to enhance their skills and knowledge to work towards effective coaching in a neurodiversity context. Learners will have the opportunity to develop and enact neurodiversity coaching compassionately, ethically and informed by best evidence.

This course aims to equip its graduates to have:

- 1. Gained knowledge of state-of-the-art literature to inform best coaching practice.
- 2. Developed confidence and competence to coach in a neurodiversity context.
- 3. Conducted coaching under supervision to embed newly learned skills.
- 4. Contracted, documented and reflected on one's own coaching practice.
- 5. Operated in an ethical, professional and inclusive paradigm.

Course structure

Level	Module Code	Module Title	Credit	Comp Core Option	Teaching term(s)	
Part-time Part-time						
7	SC12002S7	Introduction to Neurodiversity Coaching	30	Core	T1	
7	SC12003S7	Advanced Neurodiversity Coaching	30	Core	T2	

Core: Module must be taken and passed by student

Compulsory: Module must be taken but can be considered for compensated credit (see

CAS regulations paragraph 24)

Option: Student can choose to take this module

How you will learn

Your learning and teaching is organised to help you meet the learning outcomes (see below) of the course. As a student, we expect you to be an active learner and to take responsibility for your learning, engaging with all of the material and sessions arranged for you.

The content of this Postgraduate Certificate is divided into two modules. Upon enrolment, you will find information on the virtual learning site (Moodle, see Academic Support below) about each of your modules, what to expect, the work you need to prepare, links to reading lists, and information about how and when you will be assessed.

Teaching will be through a combination of in-person events, online self-study, and online peersupported work, including asynchronous collaborative work and a synchronous, online group presentation.

In-person events include lectures, seminars, and practice-based activities, the latter supervised by peers and facilitators. These will be conducted via eight days of face-to-face teaching delivered in purpose-built facilities as two weekend sessions in London.

How we will assess you

Assessment on this course will include the documentation of supervised independent coaching practice, and completion of autoethnographic logs, documenting your entire learning experience (reflections on the in-module activities, the independent coaching practice, and supervisions).

Learning outcomes

On completion of the programme, you will be able to demonstrate:

- 1. Critical appraisal of psychology-based research on neurodiversity with application to coaching through an intersectional lens.
- 2. An understanding of neurodiversity presentation, diagnosis, and typical job-performance strengths and struggles.
- 3. Ability to identify typical cognitive, emotional, behavioural and psycho-social workplace strengths and struggles in neurodivergent coachees.
- 4. Competence and confidence to coach in a neurodiversity context with cognitive / behavioural topics, as well as with emotional and relational issues, within appropriate professional boundaries.
- Active engagement in [topic specialised] coaching supervision, which will include feedback on coaching practice during the programme, peer action learning groups paired with reflections on students' own professional supervision outside the programme.
- 6. Appropriate documentation of own learning, including reflective and evidence-based practice.

Careers and further study

This course is designed as continuous professional development for experienced coaches and other practitioners. Neurodiversity coaching is a growing field and concern, and there is much demand for specialised provision in work contexts. This programme equips students with the knowledge to practise. Some students may wish to progress to further specialised Master's Level study in Neuroscience or cognate fields.

Birkbeck offers a range of careers support to its students. <u>You can find out more on the careers</u> pages of our website.

Academic regulations and course management

Birkbeck's academic regulations are contained in its <u>Common Award Scheme Regulations</u> and Policies published by year of application on the Birkbeck website.

You will have access to a course handbook on Moodle and this will outline how your course is managed, including who to contact if you have any questions about your module or course.

Support for your study

Your learning at Birkbeck is supported by your teaching team and other resources and people

in the College there to help you with your study. Birkbeck uses a virtual learning environment called Moodle. Each programme has a dedicated Moodle site and there are further Moodle sites for each of your modules. All of the documentation regarding your programme and your modules will be found in Moodle.

We will provide you with an orientation which includes an online Moodle module to guide you through all of the support available (e.g. via the Birkbeck Library, IT Services, etc.). Your Programme Director and the teaching team will provide you with information about learning support offered within your School and by the College.

<u>Please check our website for more information about student support services.</u> This covers the whole of your time as a student with us including learning support and support for your wellbeing.

Quality and standards at Birkbeck

Birkbeck's courses are subject to our quality assurance procedures. This means that new courses must follow our design principles and meet the requirements of our academic regulations. Each new course or module is subject to a course approval process where the proposal is scrutinised by subject specialists, quality professionals and external representatives to ensure that it will offer an excellent student experience and meet the expectation of regulatory and other professional bodies.

You will be invited to participate in an online survey for each module you take. We take these surveys seriously and they are considered by the course team to develop both modules and the overall courses. Please take the time to complete any surveys you are sent as a student.

We conduct an annual process of reviewing our portfolio of courses which analyses student achievement, equality data and includes an action plan for each department to identify ongoing enhancements to our education, including changes made as a result of student feedback.

Our periodic review process is a regular check (usually every four years) on the courses by department with a specialist team including students.

Each course will have an external examiner associated with it who produces an annual report and any recommendations. Students can read the most recent external examiner reports on the course Moodle pages. Our courses are all subject to Birkbeck Baseline Standards for our Moodle module information. This supports the accessibility of our education including expectations of what information is provided online for students.

The information in this programme specification has been approved by the College's Academic Board and every effort has been made to ensure the accuracy of the information it contains.

Programme specifications are reviewed periodically. If any changes are made to courses, including core and/or compulsory modules, the relevant department is required to provide a revised programme specification. Students will be notified of any changes via Moodle.

Further information about specifications and an archive of programme specifications for the College's courses is available <u>online</u>.

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